

## **Mental health (Adults)**

### **We have:**

- Increased appointments for the Improving Access to Psychological Therapies (IAPT) for people with mild to moderate depression and or anxiety. Recovery rates are improving.
- Introduced a new Dementia Hub which supports people diagnosed with Dementia, to make sure they get the care they need.
- Increased the number of people diagnosed with Dementia which enables them to get the care they need sooner.
- Provided more low level mental health support in GP practices to help reduce the need for hospital care.

### **We will:**

- Improve the support provided to people with psychosis in particular through the continued development of the Early Intervention in Psychosis (EIP) service.
- Deliver 'Recovery Works' our new mental health recovery service which also helps to promote independence.
- Re-procure IAPT to further improve quality and access.