



Co-production

Emotional and Mental Wellbeing in Bromley Stakeholder Bulletin



Volume 1, Issue 1

May 2018

WELCOME

Welcome to the first edition of a bulletin aimed at keeping our partners and other stakeholders up to date with progress on our co-production programme. The programme aims to improve emotional and mental wellbeing for children and young people in Bromley.

You have been sent this bulletin as you have either signed up for one of our events, pledged your commitment for the co-production programme or have expressed an interest in being kept informed.

If you have any questions about the programme or would like to get further involved, then please do contact us at broccg.coproduction@nhs.net

CO-PRODUCTION IN BROMLEY

The CCG launched its co-production programme in October 2017. The aim of the programme is to get a better understanding from young people about their emotional and mental wellbeing and what needs to be in place to better support them.

The co-production approach ensures that young people, stakeholders, staff and healthcare providers are working together as equal partners, to develop a system of care that will meet the needs identified by young people.

The programme follows a co-production pilot commissioned by the CCG in 2016 with the New Economics Foundation (NEF). The purpose was to get both an understanding of the needs of young people and the appetite of local organisations to commit to delivering services that would meet their needs.

The ultimate aim of this process is to have a model of mental health service delivery for children and young people that will meet their needs and which is co-designed and co-produced by young people, communities and statutory organisations.

The four stages of our co-production programme are:

- (i) **Testing our initial findings from 2016 with more children and young people and developing a network of people who will work together to improve emotional and mental wellbeing for children and young people.**
- (ii) **Co-designing the system and service delivery model.**
- (iii) **Options appraisal to understand the most appropriate procurement process for the co-designed service model.**
- (iv) **Put the co-designed service model out to tender using the agreed procurement process.**

COMMUNITY ENGAGEMENT

As part of stage one of the programme we have held community and stakeholder events. These include:

January Stakeholder Event

In January this year, we welcomed over 80 stakeholders to a co-production event. This included representatives from faith groups, police, schools, statutory and voluntary organisations and the community. The aim of the event was to bring together people interested in children's health and care, explain the national and local mental health context, prioritise improved outcomes for young people, and consider innovative ways of achieving those outcomes and share information on best practice. Attendees also signed co-production pledges to support the programme.



A detailed report on the event is available on the [CCG website](#).

February community events

In February we held three community co-design events at family centres in Bromley. The aim was to bring people together and share an understanding of co-production, how the community can get involved, gather experiences of using services, understand how people manage their mental wellbeing and encourage visitors to engage in the co-production programme.

A report on the outcomes of the co-design events is available on the [CCG website](#).

EMPOWERING YOUNG PEOPLE TO HAVE THEIR SAY

We have been overwhelmed by the interest from young people in the co-production programme. This has been achieved by extensive engagement with schools, youth groups, homework clubs and faith groups. We have held eight focus groups in different locations and had over 1500 responses to our survey on emotional wellbeing. We are extremely grateful to a number of schools in



Bromley who have been very keen to work with us. As well as visiting mainstream schools we also held focus groups with young carers and a special school where assisted technology was used to communicate with the students.

The outcomes from all of this engagement with young people confirmed what we heard during the pilot programme in 2016. That young people wanted more focus on prevention and early intervention.

We are using all this feedback to inform the next stage – the co-design of a system of care that will meet the needs identified by young people. A report which analyses all the feedback from young people will be available shortly on the CCG website.

We are also planning to revisit all the young people we have engaged with to update them on progress and the next steps.

NEXT STEPS

The first stage of our programme provided a robust and tested set of outcomes and service principles that will be used to inform the commissioning intentions for a new model of care. We asked Daniel Taegtmeyer, Head of Transformation and Integrated Care at NHS Bromley CCG to share his vision for the next stage.

There has been so much interest from the local community in this programme, how do we keep them engaged as we move into the next phase?

“It’s crucial that we keep the many stakeholders, young people and statutory organisations informed about the next steps so that they can continue to work with us as we co-design a new model of care. That is one of the reasons why we are producing this regular update”.

What happens now?

“The next stage is the co-design of a service model. We are considering having a network of interested organisations and individuals who will work with a forum of young people and an alliance

WANT TO GET INVOLVED?

If you want to know more about the co-production programme and get involved, please email broccg.coproduction@nhs.net

For more information about
The Youth Forum please
Text: 07736614927

of providers of emotional and mental wellbeing care to help co-design a new model of service delivery that will meet the needs of young people in Bromley.

How will you deliver this stage?

“Our Co-production manager has built up many positive relationships with organisations and young people across Bromley which will help us to develop the network and alliance. Alongside this, our children’s commissioning team will be working closely with an experienced clinical psychologist who will provide support on the system redesign to ensure it is clinically evidence based. A project plan which sets out our approach to deliver the co-design and implementation stages will be agreed by our Clinical Executive in June”.

How long will it take before we have a new model of care?

“The co-design phase is going to take at least nine months to complete. It’s essential that we have an environment where everyone is able to contribute and feel valued and we can address the cultural shifts that might be needed in some organisations. We will also need to make sure the co-designed service model is procured in a way that supports and nurtures any potential shift in the way care is delivered”.

How will children be supported whilst this work is completed?

There are services already in place in Bromley to care for children with emotional and mental wellbeing needs. This information is on the CCG website. We will also be publishing an update for young people so they understand the next steps and know what is currently available to help them.

Further updates will be produced monthly